

## A message from your County Commissioner

*Well another busy month.*

*Getting accounts ready, Thinking Day, Annual Subscriptions.  
So much to do this month!*

*So once again many thanks for everything you do. It really is appreciated, all of the volunteer hours you put in to keeping Girlguiding Central Glamorgan active.*

*I issued a challenge to all at the County Review, to see if you could find a friend who would like to give some time to help volunteer with us in Central Glamorgan. It's fun to help out in your local unit and there are so many different ways you can offer to help.*

- *A one-off visit to teach the girls how to do an activity?*
- *Help check the evidence for the girls' interest badges?*
- *Help with the Finances/Gift Aid/GO/Social Media or other unit admin?*
- *You don't have to be a unit leader; volunteering in the role of unit helper is such a great support to the management of a unit.*
- *There is lots of support you can offer, and it doesn't need to be a weekly commitment.*

*Anything will help improve what we can offer the girls and young women in your area. Interested in joining us? Please ask them to complete the link to register their interest*

*~ Caroline Harries*

## SEND ME YOUR NEWS!

- 🌟 Notice any errors?
- 🌟 What has your unit been up to? Send me your pictures.
- 🌟 Are you organising an event? Let everyone know your plans here.
- 🌟 What would you like to see in your newsletter?
- 🌟 Email Lisa Bryant: [newsletter.girlguidingcg@gmail.com](mailto:newsletter.girlguidingcg@gmail.com)

**It is the responsibility of the sender to ensure they have permission to share any photos given to the newsletter.**



## Dates for Your Diary

- ❖ February 7<sup>th</sup>. Musical medley fundraising concert organised by Meg Thomas of 1st Ynysmaerdy Rangers. Tickets £5 each.  
**Email: [meganniathomas@gmail.com](mailto:meganniathomas@gmail.com)**
- ❖ February 14<sup>th</sup> - 16<sup>th</sup>. Leadership Qualification & mentors. Bronerion. £90 per participant. [Book here](#)
- ❖ March 7<sup>th</sup>. First Response training in Coity Bridgend.  
**Email: [firstaid.girlguidingcg@gmail.com](mailto:firstaid.girlguidingcg@gmail.com)**
- ❖ March 13<sup>th</sup> - 15<sup>th</sup>. Weekend of seasonal fun & adventure in Bronerion. 18+ only [book here](#)
- ❖ May 17<sup>th</sup>. Get your wellies on @ Gorwelion. An event for all sections. Further details to follow
- ❖ Look out for the Whine & Sign dates in your division.

## Spring Term

- Get set for spring with these great [ideas](#) from the Girlguiding website.
- Click [here](#) for all the safety information you will need.
- Click [here](#) for all the documents needed to run your unit, events, resources & e-learning
- Have you started [planning](#) your spring & summer term yet? Look at these ideas for inspiration.
- Do you know what awards are available for the girls to work towards? Check out the range of [awards](#) Girlguiding offer to inspire girls and celebrates their achievements.
- Book a Safe Space and 1st Response Training in your Division, speak to your Division Commissioner to arrange a convenient date

## Meg's Musical Medley

Friday 7th February

Join us for a night of performances  
from all your favourite musicals!!!

Tondu RFC ; Doors open at 7

**£5 per ticket: must be purchased  
prior to event**

Fundraising in support of Meg's trip to the  
European Guide and Scout jamboree in Poland

2020  



Message for tickets and more  
information  
([meganniathomas@gmail.com](mailto:meganniathomas@gmail.com)  
Or Facebook messenger)



**Thank you!!**



## Why do we shake with the left hand?

Lord Robert Baden-Powell suggested a Left Handshake to recognise other members of the Movement, and it is still used widely.

When asked to explain the origin, Lord Baden-Powell related a legend told to him in West Africa:

Two hostile, neighbouring communities decided to try to live together in peace, and so they flung down their shields, which were carried on the left arm, and advanced, unprotected, to greet each other with their left hands extended in trust and friendship.







## Thank you Felicity

2019 saw big changes at 4<sup>th</sup> Bridgend Guides when Felicity Ladbrooke took a step back from the unit. Felicity took over the unit in 1986 and has been a huge influence to many Guides. During this time she also served as County Commissioner, as well as many other achievements she was the leading force in the incredible renovation of Gorwelion. Felicity went on to be Chief Commissioner of Girlguiding Cymru and made an impact on moving Girlguiding forward to offer so many young women wonderful opportunities that would help shape their futures. Felicity's passion and belief in Girlguiding continues as she is actively involved in committees and events. We miss you on a weekly basis but know you will always be a part of 4<sup>th</sup> Bridgend Guides and continue to support us in everything we do. Thank you for 33 years of inspiration!

*~Lucy David*

## Sue Fisher, 4th Bridgend Guides

Another 2019 big change at 4th Bridgend Guides was Sue Fisher who also took a step back from the Unit at Christmas. Sue has been with us for over 20 years! Sue's commitment to the unit is hugely appreciated by all the Guides, families and volunteers who have had the opportunity to work with her.

Sue has worked tirelessly behind the scenes on finances, paperwork, preparation and her organisational and creative skills will be sorely missed. Both of her daughters were Guides with us and have continued to help on our summer camp for many years.

Sue...thank you for everything you've done, please visit us often!

*~ Caroline Harries*

## 4th Pontypridd Brownies



We are turning **70** in October 2021 and we are planning on holding a tea party.

Guiders, current members & former members are invited to help us celebrate.

We are designing a badge to celebrate the big birthday and any surplus stock will be available to purchase.

If anyone has memories or photos of our unit that they would like to share with us we would be grateful as they can then be passed onto our girls and our Facebook page in the run up to the event.

To pass on stories, memories or for more information please contact

**4thpontypriddbrownies@gmail.com**

*~ Kerri Allen*

## 1st Abercynon Rangers, Guides, Brownies and Rainbows...

held an evening of Carols and Quiz inviting the local community to join them. The night was a success raising in total **£180.00** which was donated to the Stroke Association and Alzheimer's Society equally.



*~ Julie Thomas*

## Abercynon Guides

Great day was had by Abercynon Guides. Some had never been on ice before but soon were off on their own. The match, what an atmosphere! Exciting noisy and fast



*~ Julie Thomas*

## Top section awards

There are three top section awards, for each section, they build on Theme awards.

- ✓ Section **Bronze** award: a girl needs to complete any two Theme awards from her current section.
- ✓ Section **Silver** award: a girl needs to complete any four Theme awards from her current section.
- ✓ Section **Gold** award: a girl needs to earn all six Theme awards and then do a final challenge. The challenge changes depending on a girl's section and her interests.

There is no final challenge for the section Bronze or section Silver award.

These awards are a great achievement and a big commitment. So it's up to each girl whether she chooses to complete the top section awards.

There are woven and metal badges for the section top section awards - and the Gold award metal pin badges have a secret message on the back of them.

These badges can only be ordered through your **County badge secretary**. Ask your Division Commissioner or local volunteer depot for more details.



## World Thinking Day

Celebrated since 1926, World Thinking Day is a day of international friendship. It is an opportunity to speak out on issues that affect young women and fundraise for 10 million Girl Guides and Girl Scouts in 150 countries. This celebration of ten million girls' worldwide takes place every year on **22nd February**.

It remains a day for all Guides and Girl Scouts to think of each other and celebrate their sisters all around the world.

Find out more about [World Thinking Day](#).

[Girlguiding Cymru](#) has a website where you can purchase [car window stickers](#) and their World Thinking Day 2020 [badge](#)



World Association of Girl Guides & Girl Scouts is commonly known as [WAGGGS](#). WAGGGS have a fantastic World Thinking Day 2020 activity pack that can be downloaded [HERE](#).

## World Thinking Day Fund

It all started in 1932 when Lady Olave Baden-Powell wrote a letter to all Girl Guides and Girl Scouts asking them to spare a penny to support Girl Guiding and Girl Scouting to grow. The idea is simple: one coin might not seem like a lot, but 10 million coins can grow our Movement and the potential of Girl Guides and Girl Scouts around the world.

Find out how to raise money for the fund [HERE](#), for inspiration take a look at this WAGGGS fundraising [TOOL KIT](#)



## 4th Bridgend Guides 'Tree of Christmas Past'



Girl Guides across the UK have taken part in a plastic challenge to make a pledge to reduce our use of plastic. Our tree and decorations are all made from recycled plastic bottles. We are working hard to make plastic pollution a thing of the past. How can you reduce your plastic this Christmas?



Thank you for your inspiring tree!  
I loved the use of recycled bottles (Christmas Past) to make such an original display (this Christmas now) which helps us all to think about how we need to address waste disposal for the sake of the planet (Christmas Future).  
The tree itself is bright, shiny & a beacon of light with beautiful (twink) added.  
But only did you know with the theme 'Christmas Past', you have filled our hearts with your positive messages of hope.



## Quote of the Month



We have got to make this world a better and happier place and each of you can do that

*Olave Baden-Powell*

## DID YOU KNOW?

Lots of companies that we work with offer our members special benefits? From money off products to exciting adventure days for girls click [here](#) to see what great savings are out there for you, and how to claim them.

**Girlguiding** have over 200 employees across headquarters in central London, Trading Services in Cheshire, and Activity Centers throughout the UK. Vacancies include permanent and temporary roles across many specialisms, as well as seasonal work.

[Is there a job for you?](#)

## 1st Llantrisant Brownies



The Brownies picked up on a SOS for Hope Rescue - the Dogs Home in Llanharan. There was an urgent appeal for blankets for the dogs. We had a fantastic response which required two trips by car to deposit all the blankets the Brownies donated. The Brownies also thought it would be a good idea to also donate dog treats - we proudly donated numerous boxes of treats for the homeless dogs.

*~ Mel Giles*