



County May 2020 Issue 11 Newsletter



A message from your County Commissioner

Hello to you all!

Firstly I have sad news to report, some of you may have known Rebecca Evans from our Rhondda Division, sadly Becca passed away due to the Coronavirus. Our thoughts are with her family at this time.

I hope you and your families are keeping well in the midst of these challenging times?

We are being creative with our contact, some of you have been very experimental across the County, new Facebook pages created, Zoom meetings & email contact all during this time. We are trying to keep you up to date with our website, emails and our social media, we will be keeping you informed as information becomes available to us.

If you have any queries/questions just contact us and we can hopefully answer any questions you might have.

Let's stay in touch and look forward to when we can all meet up again! Until then and as always, I would like to take this time to say thank you for all your support so far.

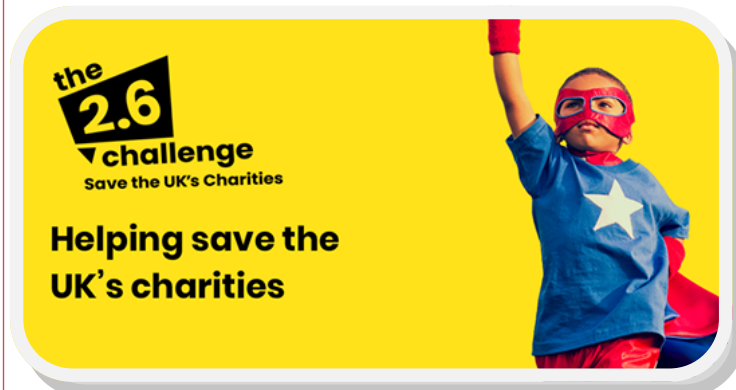
Take Care

~Caroline Harries

1st Ynyswen Rainbows are extremely proud of one of their Rainbows. Poppy is raising money for WAGGGS by doing the 2.6 challenge. Poppy's younger sister Penny is also doing the challenge. **Together they have already raised almost £300!**

If you would like to support them you can sponsor them following this link

<https://www.justgiving.com/.../poppy-and-penny-s-2-6-challenge>



Helen Murdoch,
Brown Owl from 3rd
Newton Brownies joined in
the WAGGGS Online Global
Campfire on Saturday 18th April.
Helen said, *"I love a good campfire and this
was amazing. I've never been to such a huge
campfire – we were 6519 Girl Guides and
Girl Scouts from all over the world,
including all 5 World Centres, Hawaii,
Syria, Canada and Wales! I had the special
song book ready, my campfire lantern and
my camp blanket – and I sang VERY
LOUDLY. Fantastic!"*



#ShareTheLight

*Helen was thrilled to receive
a certificate from WAGGGS
for her participation*



**WAGGGS World Centres
Online Global Campfire**



I attended the WAGGGS World Centres
Online Global Campfire.

#SHARETHELIGHT

I will continue to shine my own light
and share that light with those around me.

#ShareTheLight #PartagerLaLumière #CompartirLaLuz #شارك الضوء

3rd Newtown Brownies

Have been busy putting a smile on
the faces of vulnerable people in
their community. The Brownies
have been drawing happy pictures
for the residents of Newton Care
Home since the lockdown started.

*"The pictures are so bright and cheerful, it
makes everyone smile. Thank you Brownies,
we are looking forward to meeting you all
when things get better and having some fun
together."* ~ Care home manager



Events

Girlguiding have carefully checked the advice from the UK Government, and have had to make the unfortunate decision to cancel or postpone some of our events.



Click on the link to see what [events](#) are affected.



Waiting Lists

Looking through the unofficial support pages on Facebook, you will see a reoccurring question,

“How do I manage my waiting list?”

Some parents have the expectation that as soon as their child reaches the appropriate age, or leaves a younger section then their child will be able to join automatically.

It is important to keep parents informed to manage their expectations of how long their daughters may be on a waiting list. You need to do this for both *girls who want to join* and *existing members* who are transferring units.

If a girl is unlikely to get into your unit, talk to the parent about her options. They may decide to look for another unit and move their daughter onto another list.

Click the link to read the [BEST PRACTICE](#) guidelines to help you manage your waiting list.

Click on the link to find out how to involve girls that are [waiting](#) to join



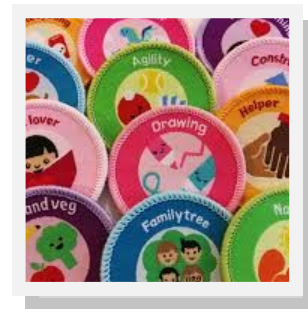
Kenfig Hill Rainbows

Have been keeping in touch with their Rainbows through their Facebook page. In the three weeks leading up to Easter, the Rainbows worked on:

- ↳ Skills builders that they may have missed
- ↳ Activities to work towards their UMA
- ↳ Seven have completed interest badges

As a result:

- ↳ Three have completed their bronze award
- ↳ One has completed her silver award



“The girls and parents have been so appreciative for our continual participation”

~ Sharon Lima

1st Response Training

Your 1st Response training is valid for three years from the date that you complete the course. After this time, you can attend Girlguiding's two hour 1st Response Refresher course to ensure your knowledge is up to date for a further three years.

Each unit must have at least one Leader with a valid 1st Response certificate, or an equivalent first aid qualification. ([syllabus checklist](#))



If you attended an external first aid course in place of 1st Response, you can take this refresher when your qualification expires. Your training will then be up to date for three more years.

If you are interested in attending a 1st Response Refresher training, speak to your local Commissioner, Training Coordinator or Unit Leader who will be able to let you know what training events are planned in your area.

You only have six months after your qualification expires to complete the 1st Response Refresher. If you don't complete your 1st Response Refresher in this time, your qualification will no longer be valid. You will then need to complete the full 1st Response course again, in order to be the named first aider for your unit or for any activities.



Safeguarding have produced an example risk assessment specifically around including COVID-19 considerations.

It's partially completed with prompts designed to get you started. This should be used with the resources available on the Girlguiding website and Safe Space training.

Find out more by searching 'covid 19' on the Girlguiding website

| Hazards What could cause harm or damage? | Who or what is at risk of being affected and how? | What are you already doing? How have you reduced the risk already? | Likelihood of risk occurring (L/W/H) | Severity of risk (L/W/H) | Are further controls necessary? What else needs to happen to reduce the risk to an acceptable level? | Action by: name/date |
|---|---|---|---|-----------------------------|---|---|
| Spread of Covid-19 at the event | Girls and adults, plus other people they come into contact with if they become contagious and spread the virus. People with pre-existing health conditions and older adults are more at risk, plus those who live with people in those groups. | Checked government guidance (links from Girlguiding website) to see how it applies to event. Provided adequate handwashing facilities and hand sanitizer, instructions on use and additional handwashing opportunities built into programme. | M | H | If the virus risk changes, according to government advice will cancel the event. Consider re-scheduling and/or sending out activities that girls can do at home. Ensure that all parents and attendees know that they must not attend if they have a high temperature or persistent cough. | Event Organiser, daily until the event. |
| Volunteers drop out due to illness or concerns about Covid-19 | There are not sufficient adults to meet ratio requirements or provide adequate care to keep girls safe. | Keep in regular communication with volunteers so that volunteers in lower risk groups can be invited event can be cancelled earlier if necessary. Ensure that volunteers know it is understandable for them to drop out if they are concerned. Identify other volunteers who could attend at short notice | M | H | If there are not enough volunteers to safely run the event, cancel. | Event organiser, daily until the event. |



President's Challenge Pack

Download your new challenge pack today!

All challenges can be done from home and why not get your family to join in too!



Let's support our
NHS Heroes

President's Challenge Pack.

With help from our President Tori James, volunteers & staff Girlguiding have created these challenges to keep you active, connected and positive at home.

The pack is split into 6 challenges and is suitable for every section! The badge will be available to purchase from Trading soon. Click here to see the [challenge pack](#).

Taking part in this challenge will not only gain you a badge but you will also help us raise funds for the NHS. We, Girlguiding Cymru have committed to

donate 50p of every badge sold to NHS Wales!

The money donated will be split equally between the seven local health board charitable funds in Wales, plus Velindre and Welsh Ambulance Service. Visit their fundraising page for more info:

www.justgiving.com/campaign/supportNHSWales



Girl Guides were formed in 1910 and the current year is 2020

Members are encouraging each other to place a lit candle in their window every Sunday evening from 7.10pm—8.20pm (19:10—20:20) whilst Girlguiding activities are suspended to keep the 'Guiding light' alive.



Girlguiding have prepared letter templates to help you talk to parents about subs payments. Click [HERE](#) to go to the Girlguiding website where you can download and edit the letters and find helpful information



 Advocate

#Uniform4Uniforms

Join the Girlguiding Advocates; show your appreciation for our key workers by wearing your Girlguiding uniform every Thursday during the nationwide clap!

Every Thursday, 8pm

Share your pictures and videos with [#Uniform4Uniforms](#)



Garth Maelwg's Division Commissioner Jayne Rogers has been contacted by Liza Thomas who is the lead doctor at Hensol Hospital which has been turned into a Covid-19 field hospital. Liza asked if Rainbows, Brownies, Guides and Rangers would be able to send pictures, paintings, poems, cards, letters and prayers to fill the hospital with hope and love in order to help the patients get better so that they can go home to their families.

It would be lovely to be able to fill the Hospital with hope, happiness and lots of

Guiding cheer. We'd love it if you could encourage girls to send something in the post whilst out on their daily walk. The Doctor lives close to Jayne and will collect from her to take to the hospital.

Please post them to Jayne Rogers, 85 Church Road, Tonteg. CF38 1EW and they will be passed to Liza Thomas.

"Our medicines will only go so far so we need all the tools in the box to help people recover and get back out there!"

~ Liza Thomas, Lead Doctor at Hensol Hospital

2nd Pontyclun Rainbows have been keeping in touch during the lockdown using Zoom and their Facebook page.

Ten interest badges have been completed and the evidence has been shown through Facebook pictures & videos.

Each Rainbow who has completed an interest badge (so far) has been sent a certificate, these were greatly appreciated by the Rainbows and their parents.

- * So excited
- * The boost she needed
- * Lovely surprise
- * So chuffed to have her own letter

Quotes from parents...

