

# April 2021

Happy Easter to you all!!!

I hope the Easter Bunny brings you lots of Eggs and that you have a restful time.



Thank you to everyone for paying their Census - its much appreciated and I do understand how difficult this year has been financially, with some units meeting and others at present not; which has put a strain on your reserve.

I would like to personally congratulate all who received Awards for 2020. Your years service are phenomenal when added together and those who received Thanks badges, Good Service Awards, Chief Commissioners Awards and Silver Dragon Awards, what an achievement for the County. Well Done! Well Done! Well Done!

I am getting excited about my Virtual Sleepover - it could be the first and last we do as a County with the Govt easing of restrictions. Just to let you know - you do not have to stay awake for 24 hours even though the 24 hours are filled with activities - Honest!!. Book in and join us -

Let's make this an event to remember and to be able to say I was there. Plus there is a one off badge for this event. Please share it with your unit members I would love to see everyone in the county there. Wouldn't it be fantastic and not having to travel.

**Julie - [julie.girlguidingcg@gmail.com](mailto:julie.girlguidingcg@gmail.com)**



# **Have your girls booked on to the Virtual Sleepover?**

**16th/17th April 2021**

This is an event not to be missed!! A jam packed 24 hours with your County Commissioner and other guests. It's suitable for all sections with loads of activities going on!

Set up camp at home and join in with all the fun. Some of the activities will be available on YouTube and some will be live Zoom sessions!!

- ⇒ Opening ceremony
- ⇒ Meeting Baden Powell's Granddaughter
  - ⇒ Cook along sessions
  - ⇒ Dance sessions
- ⇒ Me time and relaxation activities
  - ⇒ Story time
  - ⇒ Quiz time
- ⇒ Meet our mystery guest who's competed in the Paralympics
  - ⇒ Campfire sing song and much more!!

To incorporate our fabulous home by the sea into our Virtual fundraising sleepover we'll be following a Seaside theme. Your girls can make bunting/ decorations to put up in their dens/tents!!

**#virtualsleepoverggcg2021**

**Virtualsleepover2021.ggcg@gmail.com**

# County Commissioners Challenge!!

## Are you up for this challenge?

Here is my challenge. Between us, we raise £1400 for a new roof on our outside toilet block at Gorwelion, our wonderful home by the sea. The current roof needs replacing as it's leaking due to age and weather damage.

Are you up for this? We can do this!! Together let's make it happen!! Let's smash it and raise this money during our Virtual Sleepover event! How are we going to do this? Let me explain...

Here are a few suggestions on how we can raise the money and encourage all members to take part!

⇒ Do a "Good Turn" for a member of your household and get them to donate. Perhaps you could set a minimum donation of £2.00 per good turn? Here are some ideas...

- Wash the car
- Clean the veg for dinner
- Iron some clothing
- Clean your room
- Clean the bathroom
- Hang the washing out
- Clean a cupboard
- Sweep the back garden and clear the paths
- Make a hot drink and cake/biscuit for a family member

OR

⇒ Change your take away to a home meal/drink and donate the difference.

For example - Dominoes pizza £10, change to shop bought Pizza £3.00 and you donate £7.00  
Costa Coffee £2.40 change to shop bought coffee sachet £0.40p you donate £2.00  
Restaurant bottle of wine £10:00 to shop bought wine £5.00 you donate £5.00  
Glass of coke in a Café £1.50, shop bought can of coke £0.50 you donate £1.00

Please participate and "Do a Good Turn " to help maintain Gorwelion.

By participating you will be added to the role of supporters.

Please send donations to: Anna Stevens, Treasurer 18 Allt Dderw, Broadlands, Bridgend CF31 5BZ

Cheque payable to Girlguiding Central Glamorgan, please put the word TOILETS on the reverse of the cheque

BACS transfer - Girlguiding Central Glamorgan sort code 40-13-23 account no 11419439

Please put TOILETS as payment reference

We will also have a go fund me page, click [HERE](#) to donate via that page

# Your news!

## Llongyfarchiadau Ffion

Ffion from 2nd Pencoed Guides has been successful in auditioning to perform with the English Youth Ballet! They hope to stage Cinderella in Hollywood at the New Theatre in August. Well done!! - **Laura Evans**



## 2nd Pontyclun Guides

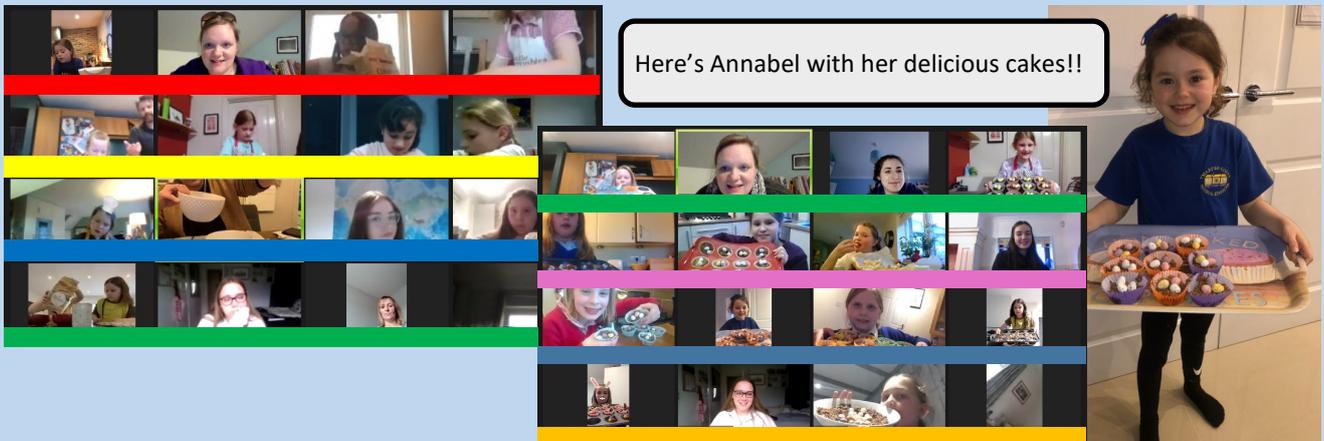
2nd Pontyclun Guides have had a busy Spring term. They have really enjoyed the baking challenges. They've made Broneirion shortbread and hot cross buns. They have also completed the Broneirion Bounce back badge!! As part of the National Day of reflection we chatted and reflected upon the last year of zoom meetings. We agreed that we have laughed a lot, enjoyed keeping in touch and chatting on Tuesday evenings. Well done girls! - **Linda Edwards**



# Your news!

## Garth Maelwg Brownies

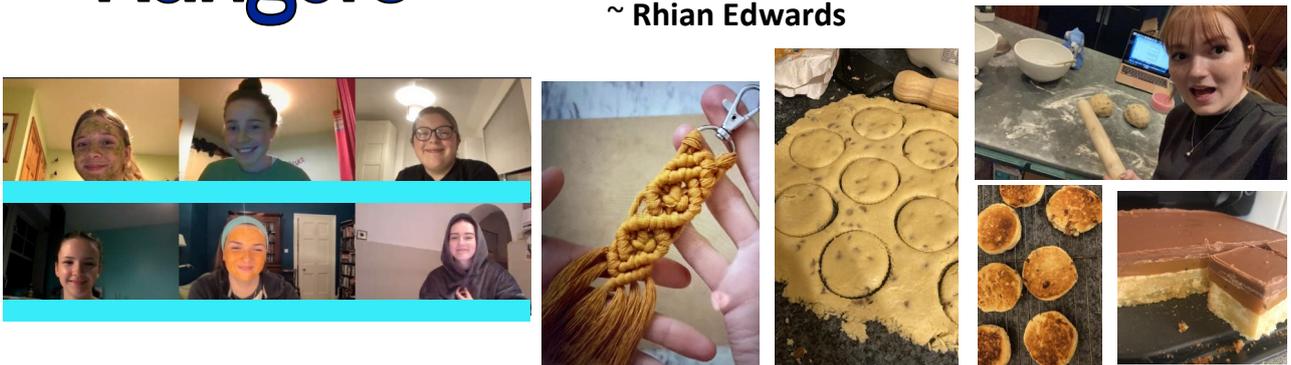
Garth Maelwg Brownies have been busy this term. They have taken part in lots of different activities, from quizzes, scavenger hunts, pictiary and much more. Their favourite evening was making cornflour gloop for Science week. Things got very messy...and the girls had a great time! They also made Easter nest cakes too; the baking challenges are definitely a favourite of theirs. They are always so enthusiastic and excited to catch up with each other every week. Great effort girls! ~ **Laura Evans**



## 1st Ynysmaerdy Rangers

1st Ynysmaerdy Rangers have enjoyed a variety of different activities this term. They've made macrame keyrings...that were quite a challenge over zoom! They've also made Easter pom pom wreaths, made anklets, played games, done quizzes, made diy face masks, made Welsh cakes for St David's Day and made millionaire shortbread too!! It has been a very busy term, full of laughs, delicious bakes and fun! The girls have been taking it in turns to lead the sessions. Great effort girls!

~ **Rhian Edwards**



# Your news!

## CEO visits Cynon Valley Divison Guides



Angela Salt sent out a message stating she wanted to visit a unit in each region of Girlguiding UK. This had a sharp turn around and Cynon Valley Division was asked if they would like Angela to visit. - What an honour.

Angela was quizzed by the girls as to why she became the CEO for Girlguiding UK. Her main message was that she wants all girls in Guiding to have an Adventure.

Angela stayed for the rest of the meeting which was a "task master" activity night. Angela enjoyed her evening with the Guides and commented on their commitment to Guides and was surprised to see so many girls in one meeting - 40 girls.

She joined in our singing at the end of the "Easter Bunny song...." Angela also thanked the leaders for their hard work and commitment to Guiding.

**Nadine Thomas**

## Garth Maelwg Rainbows



Garth Maelwg Rainbows have had a great Spring Term. They have been busy completing their recycling badge as well as sharing their favourite book/story for World book day! They have made

armpit fudge, been Scientists for the evening; made rainbows grow and colours dance.

Explored Marvellous Money and loads more!! ~ **Laura Evans**

# Awards



As a County Team we would like to congratulate the recipients for 2020 Awards. We are sorry for the delay in getting these to you and hope you understand that circumstances of the last year impacted upon this.

Caroline and her former team would like to congratulate and thank you all for what you have done for Guiding and continue to do for Guiding.

## Good Service

- Margaret Evans
- Kim Helling
- Ruth Purnell
- Liz Short
- Melanie Giles
- Lisa Bryant
- Kelly Dixon
- Bethan Hinks
- Donna Jacka
- Rachel Short
- Sarah Lee
- Sophie Smith
- Sharon Lima
- Caryn Parker
- Cerys Parker

## Thanks badges

- Lesley Davies
- Meline Vaughan
- Carolyn Dean
- Sue Price
- Jayne Rogers
- Laura Evans
- Richard Denham
- Dean Thomas

Well done,  
well done,  
well done!

# Awards



## 5 years service

- Lorraine Field
- Wendy Lake
- Anna Burch
- Lisa Louise Sadd
- Rachael Jones-Terry
- Hannah Talbot
- Gemma Long
- Sharon Rees-Williams
- Jessica Eveson
- Rhiannon Cichocki
- Megan Davies
- Anita Bond
- Rhian Jones

## 10 years service

- Janet Williams
- Sally Moses
- Sarah Norris
- Denise Pring
- Rhiannon Cory
- Steph Horsley
- Jess Mathias
- Katie Louise Eveson
- Jasmine Bullivant
- Emma Louise Barraclough
- Louise Richards
- Sarah-Jane Burns
- Elle Powell

## 20 years service

- Helen Bevan
- Lucy David
- Sarah Davis
- Donna McCann
- Angela Davies
- Judith Jenkins
- Sarah Foley

## 30 years service

- Sarah Woodland
- Annette Stoneham
- Kim Helling
- Denise Burns
- Eileen Moore
- Liz Short

# Awards



## 40 years service

- Margaret Evans

## Silver Dragon Awards

- Cerys Parker
- Cerys Parker

## Chief Commissioner Award

- Nadine Thomas
- Wendy Hinton

Diolch anferthol i chi gyd am eich ymrwymiad,  
ymroddiad a'ch ymdrechion. Mae Girlguiding  
Morgannwg Ganol yn lwcus iawn!!

A massive thank you to you all for your commitment,  
dedication and efforts. Girlguiding Central Glamorgan is  
extremely lucky!!

# County Vaccancies

Do you want to be involved in shaping Girlguiding Central Glamorgan? We are a new team and want to involve the whole County. We are friendly, approachable, supportive and a warm welcome will always be given. We are enthusiastic and keen to develop Guiding in our County.

We know Girlguiding Central Glamorgan has loads of hidden talent.

The following Vacancies are open so come and join us:-

- ⇒ Outdoor Adviser - Camp
- ⇒ Outdoor Adviser - Indoors
  - ⇒ Peer Educators
  - ⇒ Rainbow Adviser
  - ⇒ Brownie Adviser
  - ⇒ Guide Adviser
  - ⇒ Ranger Adviser
  - ⇒ 18- 30 Adviser

Please contact Julie if you would like to know more about any of the roles above.

[julie.girlguidingcg@gmail.com](mailto:julie.girlguidingcg@gmail.com)

Each month we'll be visiting a different division...  
this month Merthyr are in the spotlight!

# Merthyr

## 1st Merthyr Brownies

This term we completed the snow challenge badge. We made igloos out of marshmallows, snowflake crafts and thankfully had some snow to complete our outdoor challenges too. We celebrated by going on a virtual winter holiday where we learnt all about Austria, played fun games and sang songs.

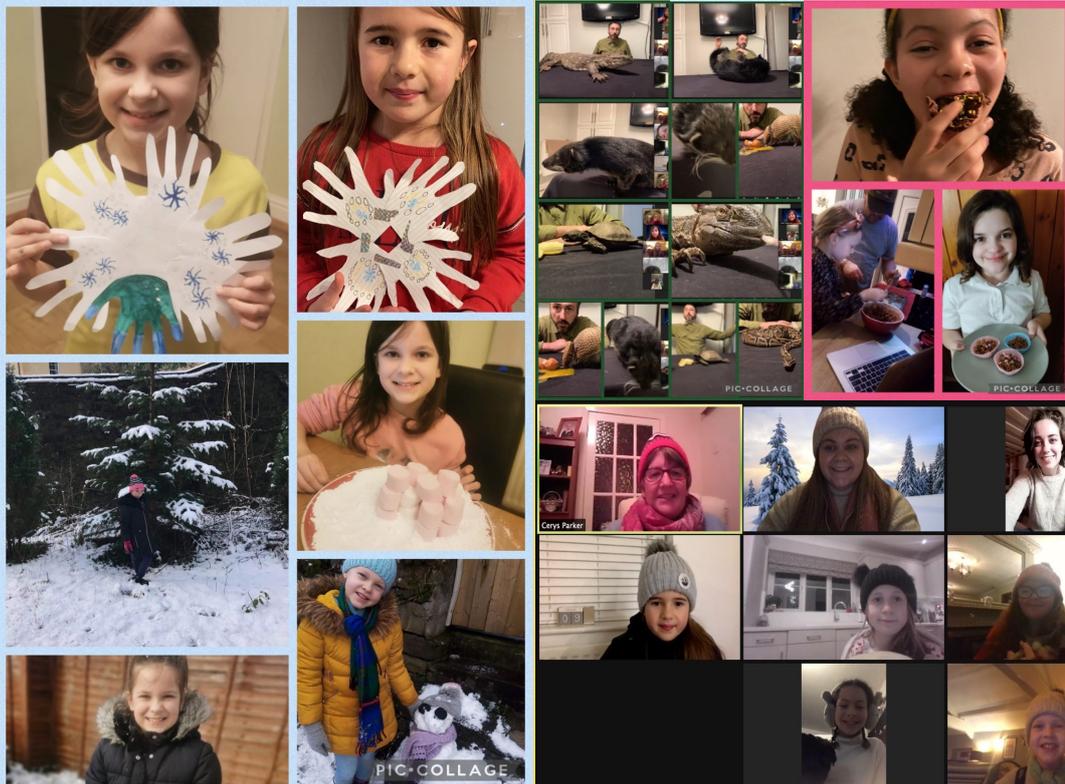
We put our cooking skills to the test by making some yummy Rice Krispie cakes on our zoom meeting for our amazing mothers and grandmothers for Mother's Day.

As an end of term treat we had a visit from A & S Animal Encounters. They brought lots of wonderful animals to our zoom meeting and we got to ask them lots of interesting questions.

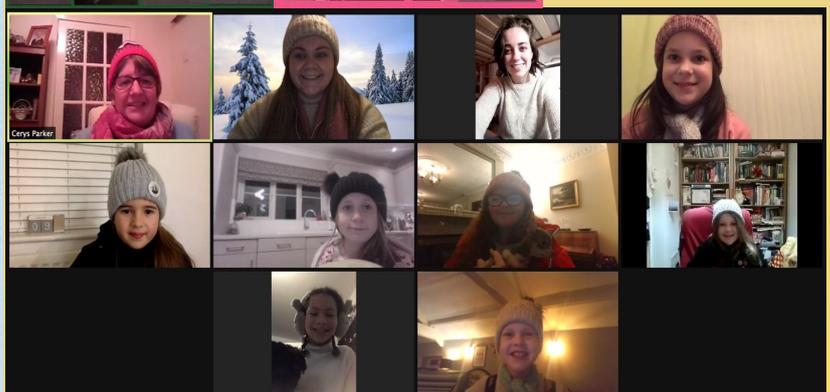
The leaders made some door stop visits to the girls to award them their badges for the girls and give them an Easter treat for all their hard work this term.

Also a little update on our Grace who featured in the February newsletter as she is fundraising for Hope Rescue Wales by making and selling badges, cakes and bags. So far she has raised over £200 to help dogs in need and we're really proud of her!

# 1st Merthyr Brownies



Fun and  
Adventure



# Each month we'll be getting to know Advisors who are part of the County Team

## Sharon Durber

Dear Central Glamorgan Girlguiding Family - How lovely to meet you all. My name is Sharon Durber and I am the Learning & Development Co-ordinator for the newly formed Division L & D Group.

**Who am I?** I work for the Welsh Ambulance Service as a Locality Administrator where I am the central support cog within the team, I work closely with paramedics, management team and non-emergency transport colleagues.

**My Guiding journey** started in Stoke on Trent, where I was born and raised, and where I became a Brownie at the age of 7 (wearing the little brown dress with the beret!!). I was a Guide, Young Leader and Young Guider. I was so excited about becoming a Brown Owl and having my own Brownie unit in 1992. Years later, I have managed various Brownie and Rainbow units and have been asked previously to be a District Administrator, Young Leader Adviser, Young Guider Adviser gaining my pack holiday licence in 1993, whilst running a pack holiday at Owls Lodge in Stafford. My GO record shows my 10 years service Award in 2002 (wow where has the time gone).

In 2006 myself and my husband relocated to South Wales and I returned to Guiding in 2019 and onto my current Guiding journey with Central Glamorgan Girlguiding, as a Leader in Training. During this time I have been refreshing my Guiding skills and gaining an understanding of the new programme. I have just finished my LQ refresher and am now the Unit Leader for the 1<sup>st</sup> Colwinston Brownies. If I ever get asked to appear on Mastermind, my specialist subject is Brownies – it is what I really enjoy doing.

I am a Division Commissioner for the Vale (job share), a new Mentor and quite recently agreed to become the Learning & Development Co-ordinator. I very much enjoy completing the free e-learning/webinar sessions on all sorts of Guiding subjects which can be accessed via GO. If you have not accessed these sessions, I strongly recommend you give them a try – I complete a session, at least once every two weeks!! and once completed, will show on your GO record.

**What do you plan to do next?** My main aim is for the L&D Team to hold our first virtual meeting, which is planned for the 15<sup>th</sup> April 2021. A positive gained from our COVID experience, is that it has given us the opportunity to take a completely fresh look at how L&D can be rolled out within the Division. It will enable us to offer all kinds of training sessions using a co-ordinated approach, whilst using different delivery methods for 1<sup>st</sup> Response, Safe Space, unit accounts, County Training Days or specific sessions requested by leaders. This will ensure that our Girlguiding units will have the tools they need to grow and develop, and to take their units into the future.

Please do say hello if you see me or feel free to contact me on the L&D email address which is: [ld.girlguidingcg@gmail.com](mailto:ld.girlguidingcg@gmail.com) – I would love to hear from you. Stay safe everyone.



# First Aid training-online

**Monday 24th May and Wednesday 26th May 2021**

**Each session 19:00 to 21:00 hrs Via Zoom**

The 1st Response Training is a 6 hour training that will be undertaken via Zoom. There are now 3 parts that will need to be undertaken in order to complete the full training as follows:

Online 1st Response Training - this you need to complete yourself online before submitting the booking form and sending payment

Zoom session - 2 x 2 hour session on this occasion as outlined above

Face to face session to include CPR and initial assessment - 2 hour session (date TBC)

The course will be run at a unit cost of £5.00 per head which is a unit cost.

You should have received the booking form from your Division Commissioner.

If you haven't please contact her or email:

[firstaid.girlguidingcgc@gmail.com](mailto:firstaid.girlguidingcgc@gmail.com)

## GO and Join us training

Would you like to know your way around GO a little better and also receive some hints and tips about Join us? Here's the date of the next one. Please contact your Commissioner for the link.

**Sunday 18th April ~ 3pm**

## Other training opportunities

- ⇒ Girlguiding Cymru are offering Safe Space level 3, as well as Account training that are on Zoom, please click [HERE](#) to book.
- ⇒ There are also a huge number of really useful webinars you can sign up to by logging on to GO and going to the Learning Opportunities tab at the top of the page. There are trainings on how to complete risk assessments before returning to face to face Guiding, games and programme ideas ensuring that social distancing is maintained and much more!! Definitely worth a look!

# Latest Covid Guidance

Now that lockdown measures are easing in Wales, outdoor Guiding can take place from 27/03/2021. If you are planning an activity with girls outdoors; there are some things that you must complete

## Some things you MUST do:

- Talk with your local commissioner to discuss and agree your plans
- Complete the Checklist \*You can only meet outdoors if you can answer yes to each question.
- Complete a Risk Assessment form using the template please send it to your DC and also to the Girlguiding Cymru Safeguarding & Risk Team by emailing [riskassessment@girlguidingcymru.org.uk](mailto:riskassessment@girlguidingcymru.org.uk)
- Please allow time to deal with your request, which could take up to 2 weeks to sign off. Once completed you will be informed and recorded on GO that you have the authorisation to restart.
- Have a minimum of two leaders for your meeting irrelevant of which section and adhere to section ratios.
- Keep up to date with local COVID-19 advice by checking the government website: <https://gov.wales/coronavirus> and Girlguiding UK Website: [www.girlguiding.org.uk/making-guiding-happen/coronavirus-keeping-safe/](http://www.girlguiding.org.uk/making-guiding-happen/coronavirus-keeping-safe/)
- Check your available local outdoor space for suitability.
- Make sure that you have the relevant and valid Safe Space Training, DBS, First Response for your unit.
- Ensure your parent contact details are up to date should you need to reschedule your outdoor meeting.
- Ensure Information and Consent forms are completed for your activity
- Obtain authorisation from your Commissioner to hold your outdoor meeting
- Finally, it is important that you are fully compliant with Girlguiding policies and procedures and you have had your accounts completed, submitted and verified within the last 12 months. You might want to revisit the 'Doing Our Best' checklists which have all the information you might need in one place.
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Click [HERE](#) for the checklist and risk assessment form. Please have a chat with your Commissioners who are there to help, support and Guide you.

## Send us your news

This is your newsletter. Please send items in for us to share. If you'd like to send photos too that would be great! Central Glamorgan is a fantastic County so lets shout about it!!! Please send to the email address below by April the 28th.

[newsletter.girlguidingcg@gmail.com](mailto:newsletter.girlguidingcg@gmail.com)