



RYDYM YN DARGANFOD,  
RYDYM YN TYFU  
WE DISCOVER, WE GROW

**Girlguiding**

Central Glamorgan  
Morgannwg Ganol

# May Newsletter 2022

## -- A message from the County Commissioner --

With the lighter nights I am sure we are now starting to adventure out of doors - do not forget to inform your divisional commissioner and ensure you have consent forms. Pack holidays and camps are starting to come to Gorwelion which is Fantastic. My unit camped there this month - it was good to be back and had positive feedback from both the girls and parents.

Especially about the views - "what a lovely spot" we have.

The Queens Platinum Jubilee is now in full celebration - Please send in pictures of what you have been doing. Thank you also to those who supported our activity pack I hope you enjoyed! All 700 badges have been sold.

I hope now we have got back to the new norm I hope to be visiting units and finding out more about what is happening in the county. Please do invite me it would be good to come along and take part. I have enjoyed those who have invited me to their meeting and participating in the nights activity.

The newsletter is yours please use it to inform us what is happening in your area and share your good news stories.

Julie

County commissioner

[Julie.girlguidingcgc@gmail.com](mailto:Julie.girlguidingcgc@gmail.com)

## Girlguiding Cymru events

[Click here](#) for all events and trainings that are running in Girlguiding Cymru or visit the website. These range from safe space, risk assessments and accounts.



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# Save the date

Leaders and their  
families camping weekend

19th-21st of August

In Gorrwelion

More info to follow



# Girlguiding CENTRAL GLAMORGAN Duke of Edinburgh GOLD award Holders presentation day

Bethan Copner, Nia Evans and Tegan Jones attended Buckingham Palace for the Duke of Edinburgh Gold Award Holders Celebration 16<sup>th</sup> May 2022. What a fantastic achievement and looks like you had a good day celebrating.



# Girlguiding Central Glamorgan You're a star award



Congratulations to 2 Brownies from 4<sup>th</sup> Pontypridd Unit who raised over £500 for one of the Ukraine Charities by completing a danceathon!  
**WELL DONE! WELL DONE! WELL DONE!**



# Commonwealth Award

Congratulations to Bethan Copner on gaining her Commonwealth Award.  
WELL DONE!



# 1<sup>st</sup> Efail-Isaf Brownies

1<sup>st</sup> Efail-Isaf Brownies took part in the Jubilee challenge and have designed ball gown dresses for the queen. They have used every pen, sequin, feather and pom-pom available



## WELL DONE!

A massive thank you and well done to all within the county as we all paid our census on time.

# Cynon Valley

Cynon Valley division held a jubilee evening with all units. The girls did craft and sung songs. It was a fun and enjoyable evening to see lots of Girlguiding members come together.



## Girlguiding UK Update

As you are all aware census is going up +£7 at UK level next year, so please remember this when you return in September to start to budget for it

## Girlguiding Cymru

Have you had a look at the Girlguiding Cymru web site. There has been partnership working happening with the FA Wales, Cricket Wales and Cardiff University. All have created an activity pack with some fantastic ideas and there is a FREE badge. You could also link up with your local football or cricket club for a taster night.

There are also other fantastic girlguiding Cymru activity packs on this site. Why not have a look!

[Challenges \(girlguidingcymru.org.uk\)](http://challenges.girlguidingcymru.org.uk)

**Keep your eyes peeled for when  
tickets become available**



**Afternoon Cream Tea  
at Gorwelion**

Enjoy delicious cream tea, chat with friends,  
Travel down memory lane, marvel at new developments  
And add any ideas you might have for the future of  
Gorwelion to the wish list.

**Sunday 17<sup>th</sup> July**

**Free Flow 3.00pm- 6.00pm**

**£5 per person**

Tea includes: scone, jam, cream, fruitcake, gluten free  
Maderia cake, strawberries, tea, coffee and cool drinks.

Also Silent Auction  
Fantastic 'themed' raffle prize  
Music from 1953  
Optional wear red/ blue, white

Tickets available soon from: Cerys Parker (Merthyr) Cathy Jones  
(Garth Maelwg), Judith Matthews (Pontypridd), Anne Trimble (Porthcawl)

# Interested in becoming a Mentor?



## Becoming a mentor

We are on the look out for more mentors across the County so that we can support and encourage our future leaders.

Are you interested in knowing more?  
Would you like to become an ALQ Mentor?  
Could you support and guide leaders through their ALQ?  
Are you friendly, approachable and patient?  
Do you want to help others reach their potential?  
Do you want to grow Guiding?

### Want to share your Guiding knowledge with other volunteers? Why not become a mentor?

Guiding needs mentors to support other members through many different qualifications.

#### Who can become a mentor?

A mentor does not need to be a fountain of all knowledge - just a friendly face who has achieved a Girlguiding qualification and would like to help others do the same! If you're a leader you can support other leaders who need help to complete their leadership qualification. Could you help them by talking through how you achieved yours?

#### How much will it cost?

Being a mentor will cost you nothing except your time. Expenses will be paid at a local level for meetings and other visits, and for your training.

#### What training will I receive?

Our mentoring e-learning covers the skills and knowledge you'll need to become a mentor - including needs assessment, communication and relationship-building. Your ALQ co-ordinators will be able to tell you what local training is available.

If you'd like to know more, or are interested in becoming a mentor in our County then please get in touch with Beth for a chat

[bethalq.girlguidingcgc@gmail.com](mailto:bethalq.girlguidingcgc@gmail.com)


You can also click [HERE](#) for more information on becoming a Mentor too!

# Girlguiding Central Glamorgan Walking Level 1




## Training





# Walking Level 1



## training

**When? Sunday 3rd of July, 10:00 - 4:00**

**Where? Llandow Village Hall**

**How much? £10.00 for the initial training, water safety training is £5.00 and your assessed walk will be the cost of transport for the assessor. (All of which can be claimed back from unit funds)**

**More information**

Walking is an easy way to take girls on an adventure outside the unit meeting place - this scheme will help you make the most of it! After you've completed the Girlguiding Walking Scheme Level 1, you will be able to plan routes and navigate walks with girls in lowland country, including tracks and paths, fields, woods and lanes.

Let's Get started. What do I need to do?

- Attend a Girlguiding Level 1 training course
- Complete the clauses for the modules of Level 1
- Keep a log book of walks you have completed in the UK - for Level 1 this must be at least six walks, one of which must be of 6km or more in distance
- Be assessed while you plan and lead a walk in lowland country

**How do I get started?**

**Contact: [Julie.girlguidingcg@gmail.com](mailto:Julie.girlguidingcg@gmail.com) for an application form and log book lay out**

**Download a copy of the Walking Scheme [HERE](#)**





# Gorwelion



## Girlguiding Central Glamorgan's wonderful home by the sea

Are you looking to take your unit/group away? Would you like to stay in a fabulous location just a stones throw from the beach?

Then Gorwelion is definitely for you!

Gorwelion is based just outside Porthcawl in South Wales, just 10 minutes from the M4 and it's the perfect place to spend time enjoying the gorgeous scenery and soaking up the sunshine. The main house sleeps 33, (3 dorms of 8, leader's room of 3 and an upstairs dorm for older members that sleeps 6). There is also a self-contained flat that sleeps 4, families are welcome to hire this too.

There are 2 campsites with toilet and shower facilities. The large site has enough cooking equipment to cater for 50 and the small site has cooking equipment to cater for 30. The 5.5 acre site boasts stunning views of the coast and the beach is just a 20 minute walk away.







## Pricing and how to book Gorwelion

### House prices Overnight/daily use

Booked by	Per head per night	Non-returnable deposit	Minimum charge per night	Per hour use
Central Glamorgan Members	£10.00	£90.00	£180.00	£10.00
Scouting/Guiding groups	£10.50	£90.00	£200.00	£10.50
Other organisations	£12.00	£150.00	£300.00	£12.00

### Camp site prices Overnight/daily use

Booked by	Per head per night	Non-returnable deposit	Minimum charge per night	Per hour use
Central Glamorgan Members	£6.00	£50.00	£66.00	£10.00
Scouting/Guiding groups	£7.00	£50.00	£77.00	£10.50
Other organisations	£7.50	£70.00	£82.50	£12.00

### Flat prices

Per head per night	Non-returnable deposit
£12.00	£50.00

**If you would like to book Gorwelion, or request further information, please contact the booking secretary by email:**

**[bookings.gorwelion22@gmail.com](mailto:bookings.gorwelion22@gmail.com)**