



# June 2021

This month starts off with Volunteer week. THANK YOU all for everything you do for Guiding. Without you our members would not be getting the experiences they are having. It's great that our organisation is 100 years old, yet still provides a program that meets today's girls' needs. With face to face Guiding returning, social media and a blended approach being used the county has started to GROW Guiding!! Well Done Everyone! Let's keep our Guiding Light Shining for those who are already part of our Family of Guiding and stretch out a hand of Friendship for those who are joining us.

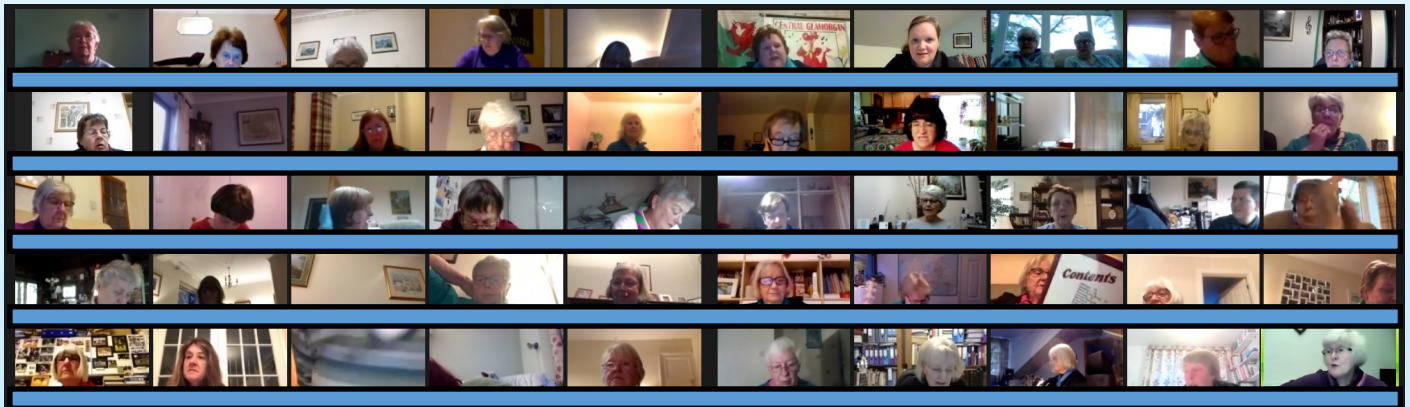
A big THANK YOU to all who have volunteered on the working weekends for Gorwelion. A Lot of hard work has been done. We STILL need your help! Gorwelion is YOUR Guiding House by the sea. Please fill in the online questionnaire. As a county we want to know your thoughts and experiences of Gorwelion - without them we cannot move forward as a county. THANK YOU also to those who have carried out events or personally donated money to Gorwelion. This had been set aside for specific jobs. So far the jobs include toilet block roof, completing the storage building, plus some others are being discussed with fundraisers. It's exciting to see units meeting down on the fields but I cannot wait to see Gorwelion being used for Holidays and Camping.

With the sun shining, lighter nights and us all able to enjoy the outdoors more it makes us feel good and improves our well being.

Happy Guiding

Julie - [julie.girlguidingcg@gmail.com](mailto:julie.girlguidingcg@gmail.com)

# Diolch yn fawr



A massive thank you, thank you, thank you to the Singing Circle who raised a whopping £1000 for Gorwelion by holding an online sing along evening with members joining and leading from all over the world!! Well done for raising a huge amount for our wonderful home by the sea. Here are some photos of the evening!



## Congratulations



Many Congratulations to Morgen Biggin, leader in training for 1st Abercynon Brownies in her new role as chair for Dyfodol Y Ddraig, the Welsh Junior Council. Well done, we wish you all the best in your role!

# YOur news!

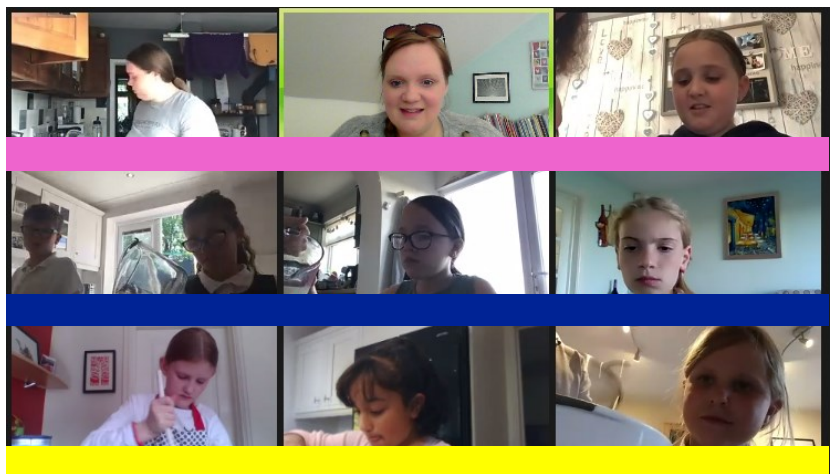
# Hirwaun Brownies

Hirwaun Rainbows and Brownies have been busy the last half term working towards their Reflect stage 2 Skill Builders badge. A lot of fun has been had whilst working towards earning this badge. We've been making our own individual flags and learning about each other over zoom, through matching the flags to the other girls some who we have not meet in person before! A great activity to get to know our newest members! We've also been busy completing the Momentous Monuments UMA over Zoom. The girls thoroughly enjoyed trying to make a monument out of spaghetti and Marshmallows. It was interesting to see how all girls came up with different structures and how they faced the difficulties of putting it all together. I think the girls enjoyed eating a sneaky handful of Marshmallows in between construction.



# Garth Maelwg Brownies

Garth Maelwg  
Brownies enjoyed  
making chocolate  
cookies online to end  
this terms Zoom  
sessions. Their  
favourite part was  
being able to lick the  
bowl and spoon clean!!





# Your news!

## CYNON VALLEY GUIDES

Cynon Valley Guides loves their baking evening. They made delicious lemonade scones that tasted amazing!!



## 1st Abercynon Guides



1st Abercynon Guides have been really busy during lockdown and have earned all these beautiful badges!! Well done girls for continuing to show commitment and dedication to Guiding during these difficult time!!





# Gorwelion



## Did you know?

- ⇒ The site was bought in 1944 and fully owned by Girlguiding Central Glamorgan in 1945.
- ⇒ The first Gorwelion (a wooden structure) was opened by The Chief Guide Olave Baden Powell in 1946.
- ⇒ In 1947 Gorwelion was burnt down by vandals.
- ⇒ In 1949 Gorwelion as we know it today was built - how amazing is that!! What an incredible story!!
- ⇒ During its 70 years there have been many changes and opportunities developed in Gorwelion and this is the challenge for the County archive group.

We would like to collect 10 photographs from each of its seven decades. We have quite a good number of black and white photographs from the early days but not many from the late 70's to the 20's to recent!

**If you have any photographs of time spent in Gorwelion please can you pass them on to Jane Smart ~ [rjsmart555@btinternet.com](mailto:rjsmart555@btinternet.com)**

The ongoing Gorwelion story is fantastic and we'd love to see photographs that may be hiding in your attic. Be inspired as to what has been and is being achieved.







Gorwelion



# Have your say

Let us know your thoughts on  
Gorwelion and send us your feedback.

Would you like to suggest changes?

Would you like to see onsite activities?

What would encourage you to use Gorwelion more?

Help us make Gorwelion a fantastic place for all Units to  
enjoy for many years to come!

Please take a few minutes to complete the anonymous  
questionnaire by following this link or scan the QR code.

Diolch yn fawr ~ Thank you



To complete the Gorwelion  
questionnaire, either scan the  
QR code or click [HERE](#).

Each month we'll be visiting a different division...  
this month Porthcawl are in the spotlight!

# Porthcawl Division

## Kenfig Hill Rainbows and Brownies



Kenfig Hill have enjoyed being back to weekly meetings the last 6

weeks. Great excitement from girls and leaders not having met for over a year. Both sections have spent time working on their promise as well as their Have Adventures theme. Fizzy flyer was a great hit with the brownies! One brownie Caitlyn thought up of the idea to grow sunflower seeds and sell the plants for much needed funds. They finished the half term off making or renewing their promise. 8 rainbows and 19 brownies were enrolled. Brownies also celebrated their first girl achieving her GOLD award. Megan has worked really hard throughout lockdown accepting the challenges put before her. We are all very proud of her.



Well done, well done,  
well done to you all.





# Porthcawl

## 1st Nottage Brownies

After a year of lockdown and completing Brownies activities at home we are now all so happy to be back face to face in Nottage Brownies!

We have had 12 new girls joining our unit over the last year with a mix of girls moving up from Rainbows and girls who were yet to have their first experience in the Girlguiding family. Three of these girls were due to start Brownies April 2020 so their experience of Nottage Brownies up till recently was completing the activities on their own at home. One of those new starters managed to complete three whole themes in that time so has already gained her Brownies Bronze Award and is now half way to gain her Silver Award. We are very impressed with what she was able to achieve at home.



After a long wait and a few pushbacks we definitely had a great start back to face to face Brownies in May. Our first time back was filled with giggles and chatter all through the night and big smiles still on their faces going home.

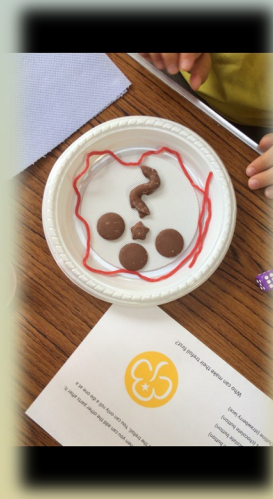
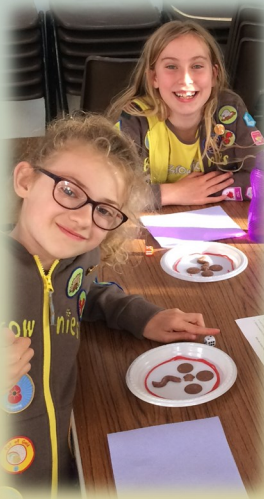




# Porthcawl

## 1st Nottage Brownies

Whilst back face to face we've been mainly completing energetic activities and games for our first few nights but on our second night back face to face we introduced a new activity to Nottage Brownies - creating an edible Brownies promise trefoil using the rules of a beetle drive. The girls really enjoyed the game but their favourite part was definitely eating their creations at the end! Another night of laughter and smiles going home.



Whilst one of our newer Brownies was waiting for her uniform to arrive she chose to wear her mums own Brownie uniform to Brownies that night. It was a lovely surprise and great to see a uniform being proudly worn by a new generation, it suited her so well!

We've had a couple of Mondays off due to bad weather and Bank Holidays so we're very much looking forward to being back more regularly after May half term.



# Porthcawl

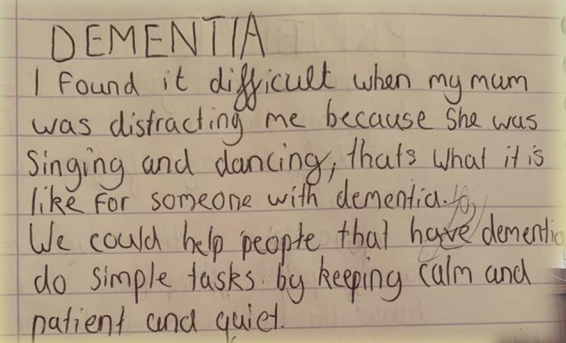
## 1st Nottage Guides

1st Nottage Guides have been busy throughout lockdown.



They have made citrus bird feeders. Here is Amelie making hers!

They have also been learning about dementia and the affects the illness can have on family members.

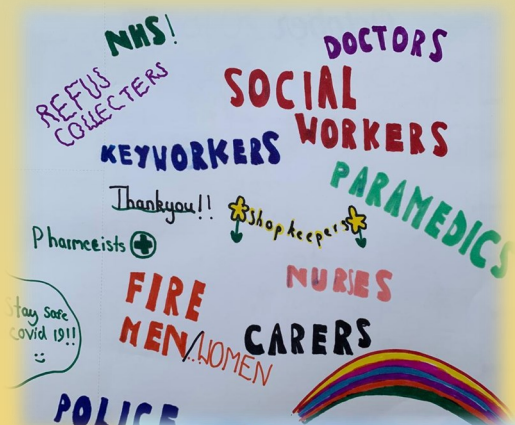


They also took part in activities where they recognised everyone who they thought deserved a big thank you for all they have done over the past year.

They have also been busy learning to grow their own food too! Here is Florence with her sunflowers!!



Something they are all agree on after this past year, is how important family really are!!





# Notices



**ALQ discussion sign off session**  
**15.6.21 @ 7.30pm**  
Do you need to sign off discussion modules?  
Do you have any questions?  
We know it's been difficult to complete clauses of the ALQ over the past year. We are still here to support you! If you have discussion modules to sign off join this session.

**Join Zoom Meeting**  
<https://uso4web.zoom.us/j/72902223890?pwd=NVp1RTZaYnNBblRhdXRaZHZzMjJidz09>

**Meeting ID: 729 0222 3890**  
**Passcode: cXeW9Y**

## Change of email address

Please note Dian Jones has had to change her email address. It's now:

**dianjones80@gmail.com**

## Save the date

Gorwelion fun day, suitable for all sections!! Keep your eye out for more information that will be released soon!

**18th September**

**Please remember...**

**before you can meet face to face you need to:**

- ⇒ Be up to date with your Safe Space
- ⇒ Have your first response certificate
  - ⇒ Have a current DBS check
- ⇒ Have had your Risk Assessment approved by the GGCymru team

## Online sessions

- ⇒ Girlguiding Cymru are offering Safe Space level 3, as well as account trainings and Risk Assessment sessions that are on Zoom, please click [HERE](#) to book.
- ⇒ There are also a huge number of really useful webinars you can sign up to by logging on to GO and going to the Learning Opportunities tab at the top of the page.

## Online Webinar training

Did you know you can join lots of different webinars, covering a variety of topics from Risk Assessment to activity ideas and loads more. GO can sometimes be difficult to navigate, so if you're not sure how to access these really useful sessions and would like help booking on, you can take a look at our Webinars Help File. This help file will talk you through the sign-up process, checking the software and how to join the webinar on the day. Click [HERE](#) to go to the document.



# Would you like to become a mentor?

Are you interested in knowing more?  
Would you like to become an ALQ Mentor?  
Could you support and guide leaders through their ALQ?  
Are you friendly, approachable and patient?  
Do you want to help others reach their potential?  
Do you want to grow Guiding?

## Want to share your Guiding knowledge with other volunteers? Why not become a mentor?

Guiding needs mentors to support other members through many different qualifications.

### Who can become a mentor?

A mentor does not need to be a fountain of all knowledge - just a friendly face who has achieved a Girlguiding qualification and would like to help others do the same! If you're a leader you can support other leaders who need help to complete their leadership qualification. Could you help them by talking through how you achieved yours?

### How much will it cost?

Being a mentor will cost you nothing except your time. Expenses will be paid at a local level for meetings and other visits, and for your training.

### What training will I receive?

Our mentoring e-learning covers the skills and knowledge you'll need to become a mentor - including needs assessment, communication and relationship-building.

Your ALQ co-ordinators will be able to tell you what local training is available.

If you'd like to know more, or are interested in becoming a mentor in our County then please get in touch with either Sharon, Elaine or Beth for a chat.

Sharonalq.girlguidingcgc@gmail.com

Elainealq.girlguidingcgc@gmail.com

Bethalq.girlguidingcgc@gmail.com

You can also click [HERE](#) for more information on becoming a Mentor too!

# Contact information

Communication is key to ensuring you all know who is able to help and support you in Guiding. Please see the list of emails below.

Division	Commissioners	Contact email
Cynon Valley	Nadine Thomas Gwenllian Rees-Williams	divcom.cynonvalley@gmail.com
Garth Maelwg	Jayne Rogers Laura Evans	divcom.garthmaelwg@gmail.com
Llantwit Fardre	Carolyn Jones Liz Short	divcom.llantwitfardre@gmail.com
Merthyr	Lesley Davies	merthyrtfdil.girlguidingcg@gmail.com
Pontypridd	Kelly Dixon	divcom.pontypridd@gmail.com
Porthcawl	Donna Jacka	donnajacka@hotmail.co.uk
Rhondda	Beth Hicks	divcom.rhondda@gmail.com
The Vale	Sharon Durber Hannah Palmer	divcom.thevale@gmail.com
Y Dderwen	Bethan Williams	divcom.ydderwen@gmail.com

Go Join Us	Sarah Lee	goandjoinus.girlguidingcg@gmail.com
PR	Emily- Jo Davey	pr.girlguidingcg@gmail.com
LQ Co-ordinators	Elaine Healey Sharon Lima Beth Hinks	elainealq.girlguidingcg@gmail.com sharonalq.girlguidingcg@gmail.com bethalq.girlguidingcg@gmail.com
First Response	Bethan Williams	Firstaid.girlguidingcg@gmail.com
Gorwelion	Anna Stevens	Gorwelion.girlguidingcg@gmail.com
Queens Guide	Elaine Healey	Queensguide.girlguidingcg@gmail.com
Awards	Carolyn Jones	Awards .girlguidingcg@gmail.com
Growth & Development	Kelly Dixon Emily-Jo Davey	Kelly.girlguidingcg@gmail.com pr.girlguidingcg@gmail.com
Sports Ed	Caryn Parker	sportsed.girlguidingcg@gmail.com
International	Kim Brown	international.girlguidingcg@gmail.co.uk
Newsletter	Jayne Rogers	newsletter.girlguidingcg@gmail.com
Website	Rhian Edwards	girlguidingcgwebsite@gmail.com

Julie Thomas	County Commissioner	Julie.girlguidingcg@gmail.com
Donna Jacka	Assistant County Commissioner	donnajacka@hotmail.co.uk
Jayne Rogers	Assistant County Commissioner	Divcom.garthmaelwg@gmail.com
Kelly Dixon	Assistant County Commissioner	Kelly.girlguidingcg@gmail.com
Lynfa Hull	Secretary	secretary.girlguidingcg@gmail.com
Anna Stephens	Treasurer	treasurer.girlguidingcg@gmail.com



# County Vaccancies

Do you want to be involved in shaping Girlguiding Central Glamorgan? We are a new team and want to involve the whole County. We are friendly, approachable, supportive and a warm welcome will always be given. We are enthusiastic and keen to develop Guiding in our County.

We know Girlguiding Central Glamorgan has loads of hidden talent. The following Vacancies are open so come and join us:-

- ⇒ Holiday Adviser - Indoors
  - ⇒ Peer Educators
  - ⇒ Rainbow Adviser
  - ⇒ Brownie Adviser
  - ⇒ Guide Adviser
  - ⇒ Ranger Adviser
  - ⇒ 18- 30 Adviser

⇒

Please contact Julie if you would like to know more about any of the roles above.

[julie.girlguidingcg@gmail.com](mailto:julie.girlguidingcg@gmail.com)

# Latest Covid Guidance

## FACE-TO-FACE GUIDING INDOORS-Updated 07/06/2021

As of Monday, 3rd May 2021 organised activities for children and young people aged 18 and under are now allowed indoors. We know many of you are looking forward to seeing your girls again and to get back to some normality! We understand not everyone can do this and at present we are encouraging a blended approach. Some may want to mix outdoors, indoors and virtual guiding over the summer period.

### IMPORTANT INFORMATION

The rules about social distancing for children aged under 11 outside their household or extended household have been relaxed.

Guides, Rangers & volunteers are required to socially distance and wear a face covering indoors.

There is no limit to the number of girls and volunteers but for girls 11 and over social distancing does apply so your meeting space will need to comply.

Rainbows and Brownies - no restrictions on numbers and social distancing has been relaxed. Please note volunteers will still need to be mindful and stay 2 metres (3 steps) away from others. We understand there may be circumstances and activities that may require you to be close to your girls.

Guides and Rangers - no restrictions on numbers but your indoor space will need to accommodate social distancing 2 meter rule.

Some things you MUST do: Click [HERE](#) to read all the latest guidance.

## Send us your news

This is your newsletter. Please send items in for us to share. If you'd like to send photos too that would be great! Central Glamorgan is a fantastic County so let's shout about it!!! Please send to the email address below by June the 28th.

[newsletter.girlguidingcg@gmail.com](mailto:newsletter.girlguidingcg@gmail.com)